

MUCKLETOON Doctor's Run

Sunday 13 May 2012

Eskdale Sports & Leisure Centre, Langholm

An 8 Mile Run that Starts and Finishes in the traditional town of Langholm and takes you across various terrain and follows the path of the River Esk.

Also a 1 Mile Fun Run around the Eskdale Centre area for all children aged 8 - 16 years old and a 5 Mile Walk over part of the main race route

TOP rated &
reviewed event on
www.runnersworld.co.uk
website



Sponsored by

Registration from 10.00am

Walk – 10.45am start

Junior Fun Run – 1.00pm start

Senior – 11.30am start

Junior & Walk (£2.50)

Senior scottishathletics/UK Athletics Members (£8.00) Non Mem (£10.00)

Additional £1.00 charge for entry on the day

Closing Date for Pre Entries Sunday 29 April 2012

'scottishathletics Permit Event - Under UK Athletics Rules'

Eskdale & Liddesdale
Advertiser

Dumfries & Galloway
COUNCIL

MUCKLETOON

Doctor's Run

Entry Details (please tick appropriate boxes)

Name: _____

Address: _____

_____ Post Code: _____

Tel No: _____ (home) _____ (work)

Club/Team Name: _____ Date of Birth: _____

SAF/BAF Member: Yes No If Yes - Membership No: _____

(Juniors/Walkers - £2.50 / Members - £8.00 / Non-members - £10.00/Additional £1.00 charge for entry on day)

Age Group:- (age as of the day of the race – please tick appropriately - all categories that apply)

Please Note: - All participants will be entered in the main race but can only win one category and anyone wishing to be considered for the team/club prize must state their team/club name

Female	<input type="checkbox"/>	Medical Female	<input type="checkbox"/>
Male	<input type="checkbox"/>	Medical Male	<input type="checkbox"/>
Masters 40F (40 years & over on the day of the race)	<input type="checkbox"/>	Local Female (Langholm Residents)	<input type="checkbox"/>
Masters 40M (40 years & over on the day of the race)	<input type="checkbox"/>	Local Male (Langholm Residents)	<input type="checkbox"/>
Masters 50F (50 years & over on the day of the race)	<input type="checkbox"/>	Junior Female (8-16 year inclusive on day)	<input type="checkbox"/>
Masters 50M (50 years & over on the day of the race)	<input type="checkbox"/>	Junior Male (8-16 year inclusive on day)	<input type="checkbox"/>
Masters 55F (55 years & over on the day of the race)	<input type="checkbox"/>	Club/Team (consisting of 3 team members)	<input type="checkbox"/>
Masters 60M (60 years & over on the day of the race)	<input type="checkbox"/>	Walk	<input type="checkbox"/>

I compete at my own risk and do not hold the organisers responsible for any personal loss or injury incurred in connection with this event.

Date: _____ Signature: _____

How did you find out about the Muckletoon Doctors Run ?

Please supply an e-mail address to receive race results: _____

(Please Note: - Unfortunately, refunds cannot be made in the event of a cancellation)

Please return the application form together with cheque/postal order made payable to Dumfries & Galloway Council to: -

Calum Graham, Sports Development Officer, Dumfries & Galloway Council, Council Offices
16 High Street, Annan, Dumfries & Galloway, DG12 6AQ.

Tel: - 01461 207046 Fax: - 01461 207040 e-mail: - calum.graham@dumgal.gov.uk

Mementoes and Medals for All Competitors

Please Note: - Only pre-registered athletes can be guaranteed to receive mementoes and medals
Food & Refreshments for all Competitors during and after the Race + Food for Sale



Sponsored Event

Prize for the people who raise the most Sponsorship of a £50 Gift Voucher (seniors & walkers) and £25 Gift Voucher (juniors) for Chivers Sports Shop, Carlisle (all proceeds to the Langholm Day Centre for the Elderly)



A full information pack will be sent on receipt of entry, with full details on the race, map of the route, sponsorship form etc.